**INTRODUCTION**

Use this template to prepare your abstract. Delete the text that is here and type your own text. Once you have finished, save the file with a new file name which starts with your own last name. Also required is a blinded abstract, with any identifiable author information redacted.

The abstract format is specified by this document. It is important that you do not modify the styles that are set up in this template!

In compiling the *Journal of Proceedings*, we will insert your document exactly as printed here. The Clinical Content Committee reserves the right to request revisions to abstracts.

You should be able to type continuously. The text will automatically wrap to the next column when the first column is full. Do not leave a line between paragraphs or at the end of a section. The heading style for the next section will create some space at the end of each section.

Cite references in the text using the Harvard style of author name and year in the text of the abstract (Author, 1999). Do not use numbered references or footnotes.

Your abstract must not exceed one page.

The introduction should provide a brief rationale for the study and conclude with a purpose or aim statement.

**METHOD**

Provide a brief description of the methods used to conduct the study. If you are reporting human subjects research, please include information about IRB approval and informed consent in the methods. The methods should be, organized using the following sub-headings:

Participants: numbers of males and females; ages, heights and weights; medical conditions; devices; as appropriate (this can be excluded if you did not conduct human subjects research)

Apparatus: surveys; questionnaires; instruments

Procedures: what was done by whom and to whom

Data Analysis: processing of data; statistical design; statistical tests

**RESULTS**

Summarize your results. Include graphs or tables as appropriate. Ensure that these fit within the column width. Alternately, place them at the bottom of the page in a single column format. Use black and white graphics. Do not use color or shaded backgrounds since these will not meet the formatting requirements of the *Journal of Proceedings*.

Stating that research results are pending and will be presented at the Annual Meeting is not acceptable. Free Paper presentations must present the results contained in the abstract.


Figure 1. Keep your figures simple. Avoid shaded backgrounds. Use the caption style for figure and table captions. The caption style uses a smaller font size. Use Text boxes to link your captions to your figures.

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| --- | --- | --- | --- |
|  | **Group 1** | **Group 2** | **Group 3** |
| Velocity | 1.2 | .9 | .8 |
| Cadence | 110 | 90 | 80 |
| Symmetry | .95 | .88 | .72 |

Table 1. Figures and Tables should be designed to fit within the column width if possible.

# DISCUSSION

Discuss your results. Relate your results to those of other authors. Describe any limitations. Indicate future directions that might be pursued.

**CONCLUSION**

State your conclusion and give a concise explanation. Conclusions should follow logically from the results presented.

**CLINICAL APPLICATIONS**

In an effort to maintain clinical relevance, describe how the content might impact clinical practice or address a knowledge gap.

**REFERENCES**

Author, B. J. Biomech 11, 34-67, 1999.

Author, C. Clin. Biomech. 33, 1013-1014, 1990.

Include only key references cited in the text, usually no more than five. Do not include titles of articles or chapters, only the journal or book title, journal volume, and page numbers. Use the "References" style. The font is smaller and hanging indents are produced.

***Funded by….add funder if applicable.***